

Services at St. Mary Magdalene



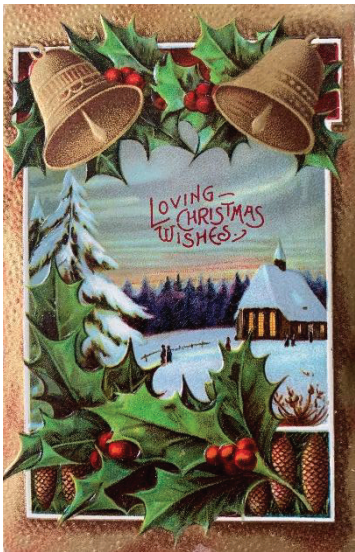
Sundays: 10:00 Choral Eucharist

Tuesdays: 3:30 p.m. Silent Meditation in the Church

Wednesdays: 10:45 Coffee with Bible Study at 11:00 a.m.

Food Bank Sunday is the first Sunday of the month.

Presents of Christmas



HOPE

is the dream that awakes the soul,

LOVE

is the key that opens the heart,

PEACE

is the light that guides the way,

FAITH

is the certainty that sees us through.

Louise Carey

The Vine Newsletter

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The Vine St. Mary Magdalene Church
Picton, Ontario

CHRISTMAS 2023



St. Mary Magdalene Milestones

Birthday Wishes to:



Mary Folkard who celebrated her 97th
Carmen Mason who marked her 80th
Hudson Hill Elena Betts Pat Brant

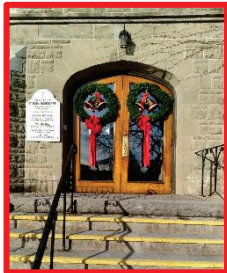


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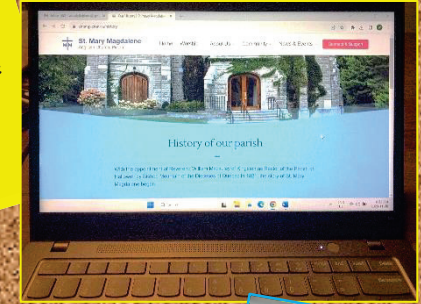


St. Mary Magdalene Anglican Church
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Our Mission: As followers of Jesus, to be a loving, welcoming, joyful and caring community that reaches out to others and fosters spiritual development for all.

From the St. MM Bulletin Board

Have you checked out our newly revamped website yet? Type in St. Mary Magdalene Picton or go directly to: stmmpicton.ca



Coming Soon!! Special thanks to **Ted Longley** for the fabulous fishes, and to **Wendy LeBlanc** for the idea...



If you are a pre-authorized giver, or e-transfer the church, we now have beautiful teak fish that you pick up as you come into the church and place on the offering plate. It can be awkward for those collecting and those being asked for collection when you do give, but don't have any tangible item to place on the plate. Now you do! The fish will be collected and put at back of church for the next week!



Thank you to **Barb Mowbray** for her many years with the Greeting Card Ministry and to **Elizabeth Cowan** for volunteering to continue this important work.

A Few Clues in our Mystery - Readers will recall that in our last edition. **Barbara Mowbray** wondered if anyone could help her solve the mystery of this felt badge she found.



Loraine Gilbert contacted Barbara to let her know she had a Girl's Auxiliary ring from her youth.



Later, **Lita Field** showed her a Hamilton Spectator newspaper clipping of being chosen Miss GA at the Spring Festival of 1963, Christ's Church Cathedral. On Lita's sleeve is a Diocese of Niagara badge with the cross and the letters GA – Girls' Auxiliary.

Blessing of the Animals (from two pets' point of view)

It was a beautiful October day. Mom had gone into work, but promised she would be home earlier than normal, because we had a "special Family event" to attend. She gave Dad strict orders too... that he be available for this outing! As it happened, our concerns about this being a trip to the Vet were unfounded!

We are new here; our Humans adopted us about a year and a half ago and we are still finding our way in our new world.... but so far, life in the County is pretty wonderful! We are Zoey and Cooper. We are almost 6 years young, and we are Pug Dogs.



So Mom took us to this beautiful building called St Mary Magdalene Church! We have walked by many times but NEVER imagined we would be welcomed right up on to the lawn by the Big Guy who runs the place! The Reverend was there, greeting everyone! We creatures, young, old, skinny, round, furry, and otherwise (just like our favourite song "All Creatures Great and Small") We were all welcome here! Oh, and he had a kind face and gentle voice...and a smile that you knew went through to his heart and not just a photo smile! Us dogs know the real thing and let us tell you, Reverend Bram is the real deal.



He welcomed us and our humans and blessed us on that beautiful autumn day! Also, and most important maybe, we received treats right after our blessing! A "double dip" of blessings if you will!

Some of us dogs wound our leashes around our people's legs, trying our best to trip them on the beautiful green grass. Other dogs were very obedient and observed the rules to wait until they were called up to be blessed. We thought it was just so much fun to be included in this special day and the smiles on our flat little faces said it all. Our lives have sure taken a sweet turn since we were adopted. We are indeed blessed...to live amidst such beauty and peace, the trails, beaches, a cornucopia of smells for our Pug noses. But mostly, we are grateful for our humans and the kind and gentle people we met that day who came out to celebrate us animals!

Thank you, Reverend Bram, and we look forward to seeing you and snorting our way to the front of the line next year to have you lovingly pat our heads again. We get it.... we really do! - Marie O'Neill

A Message from Our Rector



As we once again enter the Advent season and approach Christmas, it might be helpful to outline the meaning and significance of the Advent wreath. Every year at St. Mary Magdalene, we take a few moments at the beginning of our services in Advent to light a candle from the wreath and offer a few short prayers. This is a long-standing tradition for many churches. Yet, almost every year, I am approached by someone inquiring about this tradition and its many symbols.

The Advent wreath is a tradition shared by many denominations, and our wreath at St. Mary Magdalene is an example of a typical Advent wreath. It has five candles (three purple, one pink, and one white) on a circular garland of evergreen branches. These branches represent eternity, while the wreath's candles, in their wholeness, represent the coming light of Christ into the world. Yet, each candle also has a particular meaning.

The sign that the season of Advent has begun is when we light the first purple candle on our wreath. This first candle is traditionally called the "Prophecy Candle." In lighting this candle, we remember the voices of the Old Testament prophets, but especially the prophet Isaiah, who spoke often about the coming Messiah. Thus, this first candle represents hope and expectation as we anticipate the coming of Christ into the world.

On each Sunday of Advent that follows, an additional candle is lit. On the second Sunday of Advent, the next purple candle is lit. This candle typically represents love. In some traditions, it is referred to as "The Bethlehem Candle" and understood as a symbol for the manger that awaits the Christ child.

It is on the third Sunday of Advent when the pink candle is lit. This candle is customarily called the "Shepherds' Candle" and represents joy. The fourth purple candle represents peace and is often called the "Angels' Candle." It is lit on the fourth Sunday of Advent.

The fifth and final candle is white, and this unique candle is lit on Christmas Eve. Called the "Christ Candle," it represents the life of Christ that has come into the world. The colour white symbolizes purity. Christ is the sinless, spotless Saviour, and those who receive Christ as Saviour are made pure and spotless like Him. This hope for the Saviour and the Saviour's power in our lives is at the heart of the Advent season.

As you enter the church throughout this coming season, I invite you to look carefully at the wreath and the flames of its candles once again. Through these significant symbols, we remember the Christ who has come and wait for his coming again.



Grace and peace, Bram+

Reflections on Our 200th Anniversary Year

One thing we all know to be true; change is constant. Some people fear change, others welcome change, and a lot of us are in the middle, not sure where change will lead us or what will be required of us. One thing we all know to be true at St. Mary Magdalene, 2023 was a year of change. However, what we all learned was that this parish looked change in the face, stepped up, and moved forward. As Father Jeff O'Hare said to us in early 2023 "change or die". And change we did!

As we entered our 200th Anniversary year, we saw the retirement of our incumbent minister, Charles Morris, leaving a big hole in parish life. It was a period of uncertainty for the parish but with the guidance of our wardens and leaders, entering the post-pandemic world, we rebounded and moved forward to celebrate our 200th anniversary. Starting with our Evensong service in February at McCauley Museum (the original church) led by Bishop Peter Mason, we moved full steam ahead. The committee planned and executed a number of celebrations throughout the year that were very successful and attracted many from both inside and outside our church. Well done, team!

During 2023, our spiritual leaders kept us hopeful and supported. Father Jeff O'Hare, The Venerable Wayne Varley, Deacon Fran, Rev Canon John Whittall, Rev. Canon David Robson, and Rev. David Hawkins all added their own personality and touch to the life of our church, and we knew we were in good hands while the search began for our new incumbent.

Our wardens and deputy-wardens worked overtime and kept the business of the church humming along and we were in safe hands with their management. The sheer number of volunteers that took over important tasks left without a home was inspirational – many learned new skills in the process! It was beautiful to see everyone banding together to keep our church moving forward.

Music continued to echo through our church, with so many stepping up to fill shoes left vacant by retirement. The voices of our choir continue to inspire, raise goosebumps, and sometimes tears with their beautiful voices and amazing talent. We have warmly welcomed back some members of the choir who have returned to service.

With thanks to God, our search for a new incumbent was brief, and in September, we welcomed Reverend Dr. Bram Pearce, and his family, to St. Mary Magdalene. They have been such a wonderful welcome addition to our parish life, and we all know we are in good hands with Bram. As he says every Sunday, "Let us clear our minds and open ourselves to worship our heavenly Father." It is wonderful to see our church pews filled with faces new and old. As we say, "**All are welcome here.**"

The Bishop has recently appointed Bram as Archdeacon of Ontario (The Venerable Dr. Bramwell Pearce) which we know will be a heavy load for him to manage. But as he supports us all, we will support him as he takes on this new role.

But why is the Christian church practically certain this is the birth of Jesus took place in this cave? The answer is simple. The Emperor Hadrian (117-138 AD) decided to obliterate all Christian sites by building pagan temples. But in Bethlehem, he planted a grove of trees to honor the sacred God, Adonis. These trees completely surrounded the cave of the Nativity, and thus preserved the knowledge of, and protected, the exact birth site. Scholars throughout the years have studied and confirmed this as the actual birthplace of Jesus Christ

While this may be one of the smallest of all the "biblical caves" in the physical sense, what took place here is extremely significant. My expedition to the Holy Land was spiritually enriching and a rewarding experience. Is it necessary to take this long trip to see this cave? No. Because the man born in that cave was Jesus Christ, and he is always ready to visit and take up residence in any heart that is open to his presence. – **Rev. David Hawkins**

Supporting Our Community at Christmas

As St. Mary Magdalene enters its third century of service to our community, we know that through giving cheerfully and accepting gratefully, everyone is blessed.

Our Church's outreach is year-round but at Christmas, we make a special effort to make this time a little extra special for those in need. Here are a few of our Christmas projects at the end of our 200th anniversary year.

Thanks to our generous parishioners! Merry Christmas to All!



★ providing gift bags with small treats and useable items for our Seniors and participating in special Christmas luncheons in local long-term care homes



★ purchasing presents for children associated with Alternatives for Women and donating personal care items to Alternatives for Women

★ providing space in the Parish Hall for the PEC Angel Tree headquarters



The Cave of Caves

Have you ever visited a cave? Many of us have; perhaps some may have visited the cave in Somerset, UK where Rev. Augustus Toplady penned the immortal hymn “Rock of ages, cleft for me”. There are other caves likely less visited such as the Cave of Machpelah where Abraham buried his wife Sarah (Genesis 23 V9), or the cave of Adullam (2 Samuel 23, V13). Why would one travel to visit the cave of Engede where David cut off the hem of Saul’s robe (1 Samuel 24 v5) or to try to find the cave where Elijah hid from Jezebel (1 Kings 19 v9). It would also seem questionable that people would travel all the way to Israel just to stand at distance from the entrance of a cave in which the world-famous dead sea scrolls were found in a jar by an Arab shepherd boy in 1947. True, these old Testament caves do hold religious significance however; it could be argued they are not inspirational enough to make special effort to visit these caves. To be honest, the soul remains unmoved as it reads about these interesting biblical historical events.

There is however, one small seemingly insignificant cave that does continue to draw excited pilgrims from all over the world. They stand, reflect, recall, and ponder a certain Bible story. This cave is found in a small town whose name is engraved on countless souls dating back to 2 or 3 AD. It is mentioned in many hymns, written about in many books, and has served as location for television broadcasts shown across the world.



Why does this particular cave capture and thrill the hearts and souls of millions of people? To discover the reason, pilgrims are required to descend a flight of stairs to the cave, 20’ below floor level of the oldest church in Christianity? The cave measures 12’ x 20’ and is filled with over a million lights

lit by silver lamps and is surrounded by a simple inscription announcing the most stupendous event in all history “**Here Jesus Christ was born of the Virgin Mary**”. Nearby is a manger that was originally a fodder trough hewn out of rock. Could this really be “the” very manger mentioned by St. Luke; “she brought forth her first born son and wrapped him in swaddling clothes, laid him in a manger as there was no room for them at the Inn. This actual event has been acknowledged by Christian churches down through the ages as the actual birthplace of Jesus Christ. I was thrilled to visit this place, and was so inwardly moved, I called it the “Cave of Caves”. It was a thrilling experience just to stand near the very spot where the miracle of love was born.

As we celebrated the beginning of Advent on December 3rd with a service of Nine Lessons and Carols, Nell Kottick and Marie Connor presented Bram with his Cope, a large, highly decorated cape worn traditionally by Archdeacons and other clergy. It was another moving moment in a deeply touching service.

Often, great things come from adversity and that would sum up 2023 for St. Mary Magdalene. A church is more than a building or a religion. It is a family and a community that looks after each other. It is interesting when you ask people, “What led you to St. Mary Magdalene? What kept you at St. Mary Magdalene?” The answer is most often “the people,” or “I feel like I belong here.” We take care of each other and that is just what Jesus wants us to do. We look forward to our future with anticipation!

- Maxine Tiller

Magdalenas Are a Hit with The ROC Teens

When they heard about the need in our community, members of the Magdalenas decided to roll up their sleeves and assist with the lunch program at The ROC Youth Centre.



Between 30 and 40 hungry teens are provided with a free lunch there from Monday to Thursday. ‘*The need is great,*’ reports Warden Kathy Condie.



ROC Youth show their appreciation to our Magdalena volunteers

In addition to the **Fill the Freezer Campaign** you read about in the Thanksgiving edition of ‘The Vine’, the Magdalenas held our first on-site lunch at the ROC in late November. Over 25 young people enjoyed both vegetarian and meaty chili, buns and homemade cookies prepared by Kathy Condie, Marie Connor, Janine Dudding, Janet Howes, Lorraine Hyatt, Canon Fran Langlois, and Wendy LeBlanc, all served up by Fran, Kathy and Lorraine. Would you like to assist?

You can drop off fully cooked frozen meals to the large freezer in the Parish Hall which we will take to the ROC when there are sufficient amounts OR contribute money used to buy ingredients.

Stay tuned and we will let you know when and what dishes you can contribute to our next on-site lunch.

Bram Named Archdeacon

In late October, Bishop William Cliff announced the appointment of our priest, the Rev. Dr. Bram Pearce, as Archdeacon of the Hastings and Quinte Deaneries.

These Deaneries include the parishes of Belleville, Trenton, the parishes of Hastings County, North Lennox and Addington and North Frontenac Counties in the Hastings Deanery; the Quinte Deanery includes the parishes of Prince Edward County and those in South Lennox and Addington.



Bram with New Cope

In the position of Archdeacon, Bram will directly serve Bishop William with responsibilities for the implementation of Diocesan policy in the deaneries. He will also be responsible for the area's church buildings and for the pastoral care of the clergy within the Hastings Quinte Deaneries.

Warden Herb Stone commented, "We are extremely proud of Bram for answering the Bishop's call as Archdeacon. Bram has assured us that these duties will, in no way, interfere with his commitment to the growth and support of his own parish of St. Mary Magdalene."

At the Service of Nine Lessons and Carols on December 3rd, Marie Connor and Nell Kottick presented Bram with a gift of a Liturgical Cope from the congregation of St. Mary Magdalene, in recognition of his appointment as Archdeacon by Bishop William Cliff.

CHRISTMAS SERVICES

Christmas Eve:

10:00 am Holy Communion
7:00 p.m. service of Holy Communion. Congregational singing beginning at 6:45

New Years Eve:

10:00 am Holy Communion with Lessons and Carols



The vintage postcards on the cover and throughout this edition of 'The Vine' date from 1910, the year the building of St. Mary Magdalene was started on today's site. They are from a private family collection belonging to one of our parishioners.

St. Mary Magdalene in the early 1970s. 'A Goodly Heritage' lists him as the Church School superintendent in 1980 as well as a member of the Vestry Committee. He also admits to playing the piano for the Church School. And now, some 50 years later, when asked how long he has served in a role of added responsibility, including Warden and Deputy-Warden, at St. Mary Magdalene, he grins and replies, 'I've no idea - many, many years!'

John seldom misses Church and quips that 'It's just like Rotary - once you're in, you're in for life!' And with that, we are into a discussion about John's long-time service with the Rotary Club where he has served twice as President (2009-2010 and 2020-2021) here in Prince Edward County. 'Being President is a long-term commitment' he notes, 'as you are Vice President, President Elect, President, and Past President - a total of four years.' Commitment is a natural for John who has also committed himself to his Church for well over half a century. 'This is my church,' he states firmly, 'Lots of good fellowship and good people.'



John Clarke

In addition to his responsibilities with St. Mary Magdalene and the Rotary Club, John has a fascination with boats. He has always lived near water and being on the water in one of his boats is a source of great pleasure and well-being. His vintage boat, the Avalon, built in Florida in 1922 is well-known in the area as is his 1916 disappearing propeller boat, lovingly named 'Double Under'.

As well as being a people-person, John is a dog-lover. His bulldog, Bella, goes everywhere he goes, even into his workshop where she will nap beside the wood-fired stove. She's the only bulldog he knows who swims like a fish. John taught her how to swim after she fell off the dock on her first visit to the Avalon. He took her home, put her into the pool and she picked up the rest all on her own. He can't keep her out of the pool, he says with a note of pride in his voice, and she climbs out using either the ladder or the steps!

When asked if he had skills that may not be well-known by parishioners, John is delighted to tell of his life-long interest in building boats beginning when he was 17 and putting together a boat from an Eaton's catalogue kit. Why does he love working on boats in his garage? John is quick to answer, '**Straight lines don't work for me, but curved lines coming together do.**' Could this be John's philosophy of life? He says not, but on thinking back on our conversation with this multi-talented man, I wonder? - Wendy LeBlanc

Memories of St. MM (and more) from John Clarke

When we began our conversation, I asked John Clarke how he felt about being mentioned in a history book. He gave me a quick look of surprise and then the two of us chuckled over the fact that 'A Goodly Heritage', written by A.R. Capon about the St. Mary Magdalene Church story, lists John and members of his family several times. The wide-ranging chat that followed gave me a glimpse into the interesting history of this multi-faceted man.

Andrew and Charity Clarke, along with son John and his sisters, moved to Prince Edward County in the early 1950s. Andrew, a Major in the Artillery, was posted here after living a typical nomadic military family life on the west coast, Kincardine, Ottawa and Toronto. It was during his teenage years that we first read about John in the church's history book. The accompanying

photo shows him as a member of the large group in the Servers' Guild in the mid 1950s. John recollects a little-known now-humorous incident as a server for Rev. Hope Swayne. When he was preparing the water and wine for the Eucharist, John noticed that they were almost out of the wine needed for the service. After reporting it to the priest, he was told to run across to the Rectory next door and locate a bottle of wine that Rev. Swayne kept in his library there. John's sharp eyes and fleet feet saved the day! During that period, John was also a member of the Junior Choir and admits he still loves the old hymns such as 'Abide with Me'.



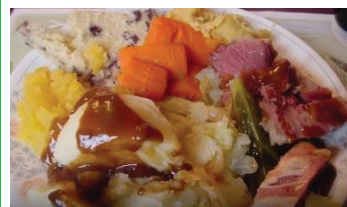
John is at far right, rear.

As a teenager, he loved taking things apart and told his father that he'd like to become a mechanic. His dad redirected him to mechanical engineering at Queen's University and John says that education has served him well in his career and personal life: '*What they teach you in engineering is to keep your mind wide open to anything*'. His profession as an engineer began with research into free piston engines in Kingston, followed by ground-breaking work in Woodstock into the development of log-skidders where the firm he worked with became worldwide experts – '*a fantastic place to work*', he recalls. John returned to Prince Edward County in 1969 to work at the cement plant starting as Maintenance Supervisor and ending as Vice-President of Operations; he moved on to MPI Drilling until retiring in 2004.

By then a family man with three girls, Paula (now in Ottawa), Hope (in British Columbia) and Pam (living in Waupoos), John resumed his involvement with

Sharing Heritage Through Cooking

We all look forward to special family-favourite foods served at Christmas time – traditional treats enjoyed from generation to generation. Passing on recipes lovingly celebrates family and culture. Several parishioners shared their families' festive fare.



Newfoundland Jiggs Dinner

This should serve 6 to 8, but less if you are serving hungry Newfoundlanders who have not had a Jiggs Dinner in a while! Enjoy! - *May Holley*

2 lb salt beef
½ head green cabbage cut in 6-8 wedges
12-16 carrots, peeled and trimmed
1 large turnip, peeled, sliced 1" thick
Water
10-12 small potatoes
2 cups yellow split peas
2-3 tbsp butter
Black pepper, to season

Dumplings:

1 ½ cups all-purpose flour
1 tbsp white sugar
2 tsp baking powder
¾ cup water

The night before:

Add your split peas to a bowl and cover with cold water, soak overnight on your countertop.

Add your salt beef to a bowl and cover with cool water, then seal the bowl with plastic wrap. Soak overnight in the fridge then drain and rinse before cooking the next day.

The day of:

Transfer your peas to pudding bag or layered cheese-cloth. Use butcher's twine to tie the bag/cheesecloth shut.

Add your rinsed, drained salt beef and split peas to a stock pot. Fill water almost to the top covering both beef and pea bag. Boil on medium heat for 2 hours.

(Note: after 2 hours, I like to test the water for saltiness. If too salty for your liking, drain half the water off, refill pot and boil for another 30-60 minutes.

Add cabbage, carrots and turnips to pot with salt beef and split peas. Boil for approximately 30 min until almost tender.

After half an hour add your potatoes to boiling mixture and cook until tender, about 30 minutes.

While potatoes are boiling, start your dumpling batter. Mix together flour, sugar and baking powder. Add enough water so dough has a sticky consistency when mixed, about ¾ cups. Add to pot using a large spoon to make biscuit size dumplings. Let the dumplings boil for 20 minutes.

Cont'd ...

To serve:

Remove your split peas and mash with butter and season with black pepper. Remove to a separate serving bowl. Using a slotted spoon remove all vegetables from the water to a serving tray. Add the salt beef to same platter,

Editor's Note: This is a traditional Newfoundland dish, either eaten on its own or with a holiday turkey dinner. My family has this every year at Christmas dinner. You should *not* check the nutritional details.

- Maxine Tiller

Helen Cluett's Family Christmas Eve Tradition

We start with Family Prayer, which includes a reading of "The Christ Child", a beautiful illustrated cobbling together of the stories of Christ's birth and childhood from the Gospels of Luke and Matthew, passing it around to each member of the family to read a page (verse) or two, a few prayers, commemoration of those who have died in the past year (this year will include my mother, who died Dec. 28th, 2022) and Aaron's blessing.

Then, we feast! The feast includes a wide variety of foodstuffs as we have omnivores, piscivores, vegetarians and vegans as well as an assortment of food intolerances (chiefly gluten sensitivity but also others).

One favourite dish is **Stuffed Baked Salmon:**

Order ahead 1 large whole fresh, cleaned (gutted and scaled) salmon.

Preheat oven to 350F.

Rinse the fish and pat it dry, inside and out.

Place it on parchment paper on a large cookie sheet with a raised edge.

Using a pastry brush, coat the lining of the abdominal cavity and the outside of the fish a 'rub' made of 2 tbsp olive oil, 2 tbsp lemon juice, 2 tsp fresh or dried thyme (use mayonnaise instead of olive oil if preferred)

Inside the abdominal cavity, place the stuffing made by sauteing 1 leek and 1 cup of chopped shrimp (and garlic if your crowd likes it), mixed with 1 cup of breadcrumbs, season with fresh thyme and pepper.

Bake for 25-30 minutes.

To serve, run a fish knife along the midline of the back and carefully separate the meat from the spine and ribs - with practice you can do this with minimal disruption to the shape of the fish; alternatively, if your crowd prefers not to look its meal in the eye, you can remove the meat from the bones and place on a platter.

- Helen Cluett



Cont'd ...

Quintissimo ... Magnifico!

St. Mary Magdalene recently hosted a second wonderful Quintissimo concert, this time being a student recital with the children performing what they have learned in the past few weeks. An audience favourite was four little girls playing little cellos sitting on little stools...they were amazing! The final pieces in the concert involved all 18 children singing a few numbers from The Sound of Music; their rendition of *Edelweiss* brought tears to many eyes.



St. Mary Magdalene recently received this thank you note from the Quintissimo team that read in part:

Quintissimo's program launched at Prince Edward Collegiate Institute in Picton this past September. Your support and generosity allowed us to accept 20 students between the ages of 6-10. Each student received their own instrument to take home and practise. Seeing the students' progress in the program has been wonderful. Many of them have a hidden talent for music. Some have used their newfound knowledge as an outlet for their own creativity by composing their own pieces. As you know, part of our mission is to prioritize children who come from marginalized backgrounds. We are all believers in the transformative powers of music. We are excited for what the future holds!



It IS Easy Being Green!

By Deputy Warden Julie Miller

In this season of GIVING, I would like to talk about **TAKING** instead.

TAKE time to think about what you are purchasing for gift giving:

- Do we need more 'things'?
- Are we buying because we must, or are we buying something needed or wanted?
- Are our gifts going to become just more clutter - more items destined for landfill?
- Would we be better off running an errand for someone, making a casserole, baking cookies? What about spending an afternoon together on a walk, going for coffee, babysitting? These choices for gift-giving are limited only by your imagination, the gifts are less tangible, and lessen your carbon footprint from packaging to wrapping paper.

TAKE time to plan fewer car trips and do more walking. Even just combine your trips into town, or park mid-way and walk to do errands. No one expects you to be without your wheels, but we can all make fewer trips.

Less leaf blowing, more raking (more fresh air, more exercise, less internal combustion!). Along the same lines - less snow-blowing...sure, we do get some epic snow falls in PEC but we also get some that are easily handled by a quick shovel. I know this won't be a popular suggestion, but less lawn mowing...do we actually need acres of park-like lawn, or lawns that look perfect for the entire summer? Studies show that our mowers are some of the absolute worst offenders for CO² emissions.

And most importantly, **TAKE time for yourself!!** An exhausted eco-warrior is not a productive eco-warrior! Tell yourself, 'I cannot change the world myself! But I can continue to make changes in our lives and in our church and community.' Yes, sometimes it's exhausting, but when I speak to someone who is doing as much or even more than me, then I feel like there is a light at the end of the tunnel ... and it's not a train coming!

- Deputy Warden Julie Miller

Christmas Cookies ... and so much more

Jay Crockford's mother, Kennie Crockford, was famous for her cooking and baking talents. One of her granddaughters created a family cookbook with photos of Kennie alongside her handwritten recipes. **Kathy Condie** treasures this legacy from her late mother-in-law and shares a favourite recipe and photo of Kennie with one of her boxes of cookies she made at Christmas for family and friends. Pecan crescents, bourbon balls, lemon bars, thimble cookies and whipped shortbread were special treats each Christmas.



Pecan Crescents

1 cup Butter, softened
 1/3 cup Granulated sugar
 1 tsp Vanilla
 2 cups All-purpose flour
 1/2 cup Chopped pecans
 Sifted powdered sugar

Cream first 3 ingredients and 1 tbs water. Stir in flour and nuts; mix well. Shape into crescents. Place on ungreased cookie sheet. Bake at 350°F for approx. 15 min. Cool on rack; roll in powdered sugar. Make 60.

- Kathy Condie

Fran Langlois' Grandmother's Cherry Cake

Fran's grandmother, Grace, started this 3 generation tradition!



- 1 1/2 cups butter
- 2 cups sugar
- 3 eggs
- 2 tbsp lemon flavouring
- 1 cup milk
- 1/2 lb each red and green cherries
- 3 1/2 cups flour (1/2 cup sprinkle over cherries)
- 2 tsp baking powder

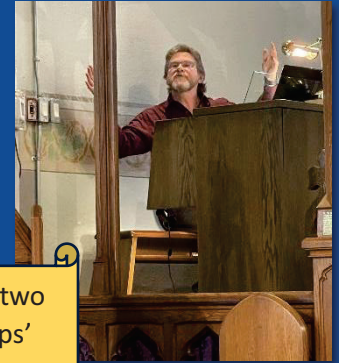
Cream butter and sugar, add eggs, lemon flavouring, mix. Combine flour and baking power. Stir in flour and milk alternately.

Bake at 325F in a scalloped tube pan for 1 1/2 hour (check at 1 hour, 20 minutes).

- Fran Langlois



Wine and Cheese Spring Fling at the Yacht Club



Murray Baer presented two 'Pulling Out All the Stops' organ concerts.



Our 200th Anniversary in Review



200 native trees and shrubs planted in gardens.

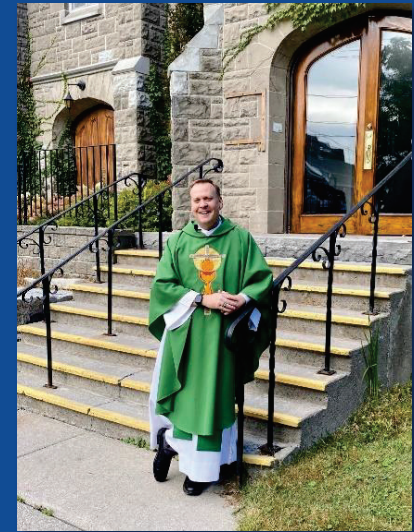
Evensong led by Bishop Peter Mason and our choir in historic St. Mary Magdalene Church



Blessing of the Animals Service



Sundae Sunday on the Church lawn



The Parish of St. Mary Magdalene was delighted to welcome our new priest, Rev. Dr. Bram Pearce.



Newly installed commemorative bench blessed by Bishop Oulton



Parishioners received this wonderful memento of our 200th Anniversary.

